GOLDEN STATE ORTHOPEDICS & SPINE | SOUTH BAY

OUR DOCTORS

Nicholas Abidi, MD
- Lower Extremity Adult & Pediatric
- Fracture Management
- Hip, Knee & Ankle
- Replacement-Primary and Revision
- Sports Injuries of the Hip, Knee & Ankle
- Orthobiological Joint Preservation, Hip
- Knee & Ankle with Subchondroplasty, Cartilage
- Transplant, Stem Cell & PRP

Nathaniel Cohen, MD
- Shoulder Surgery
- Shoulder Reconstruction
- Shoulder Replacements
- Shoulder and Knee Arthroscopy
- Sports Medicine
- Hip Arthroscopy
- Fracture Care
- Shoulder Total Joint
- Elbow
- Knee

Sandeep Gidvani, MD
- Cervical, Thoracic, Lumbar Spine Surgery
- Minimally Invasive Spine Surgery
- Navigated and Robotic Spinal Surgery
- Adult Deformity Surgery
- Disc Replacement Surgery
- Surgery for Spine Fractures, Tumors, Infections
- Vertebral Augmentation Procedures (Kyphoplasty)
- Complex Spine Surgery
- Sacroiliac Joint Surgery

Chelsea Hendow, MD
- Cervical Spine
- Thoracic Spine
- Lumbar Spine
- Disc Arthroplasty
- Spinal Decompression
- Fusion Surgeries
- Minimally Invasive Surgery
- Robotic Spine Surgery
- Fracture Care
- Kyphoplasty
- Basivertebral Nerve Ablation
- Sacroiliac Joint Surgery
- Adult and Pediatric Spinal Deformity (Scoliosis and Kyphosis)

Christian Heywood, MD
- Shoulder and Elbow Arthroscopy and Reconstruction
- Hip and Knee Arthroscopy
- Sports Medicine
- Shoulder, Hip and Knee Replacement
- Fractures:
  - Clavicle
  - Wrist
  - Ankle

Tristan Juhan, MD
- Arthroscopic Hip, Knee & Shoulder Surgery
- ACL Reconstruction & Revision
- Rotator Cuff Repair
- Fracture Care & General Orthopedics
- Total Shoulder Replacement Surgery

Jeffrey Kanel, MD
- Complex Pediatric Fractures Including Growth Plate Injuries
- Congenital Problems Including
- Hip/Foot/Spine (Club Foot, Hip Dislocation)
- Hip Preservation, Arthroscopy and Periacetabular Osteotomy
- Pediatric Hand, Fractures & Congenital Problems (Syndactyly, etc)
- Pediatric/Adult Sports Medicine
- Pediatric/Adult Limp Deformity, Including Length Discrepancy & Deformity Correction
- Pediatric/Adult Spine (Including Scoliosis)
- Foot & Ankle Fractures

Delaney Keane, DO
- Upper Extremity
- Elbow
- Fracture Care
- General Orthopedics
- Hand & Wrist
- Shoulder

Paul Kim, MD
- Minimally invasive foot & ankle Surgery
- Reconstruction & Revision, Foot & Ankle
- Fracture Care
- Orthobiologics
- Sports Medicine
- Fracture Care:
  - Foot & Ankle
  - Knee
  - Hip
  - Hand & Wrist
  - Elbow
  - Shoulder

Molly Massih, MD, QME
- Physical Medicine & Rehabilitation
- Spine
- EMG/NCS

Kenneth Mensch, MD
- Upper Extremity
- Hand & Wrist
- Elbow and Shoulder Replacement
- Endoscopic Carpal Tunnel Surgery
- Fracture Care

Manoj Mohan MD
- Non-Surgical evaluation for spinal pain management
- Spine Intervention
- Electrodiagnostic Medicine
- Epidural Injections
- EMG/NCS

Tina Molumphy, MD
- Spine intervention
- EMG/NCS
- Non-surgical evaluation for spinal pain management
- Botox injections for post stroke spasticity

Kevin Murray, MD
- Elbow
- Knee
- Shoulder
- Sports Medicine
- Arthroscopic surgery
- Fracture care

Daljeet Sagoo, DO
- Fracture/Dislocation Treatment
- ComplexRevision Hip & Knee Replacement
- Hip & Knee Arthroscopy
- Hip Dysplasia
- Revision of Hip & Knee
- Robotics

DOCTORS BY SPECIALTY

ADOLESCENT SPORTS MEDICINE
Jeffrey Kanel, MD
Kevin Murray, MD
Christian Heywood, MD
Tristan Juhan, MD

ELBOW
Nathaniel Cohen, MD
Christian Heywood, MD
Tristan Juhan, MD
Jeffrey Kanel, MD
Delaney Keane, DO
Kenneth Mensch, MD
Kevin Murray, MD

FOOT & ANKLE
Nicholas Abidi, MD
Jeffrey Kanel, MD (Adult & Pediatric)
Paul Kim, MD

FRACTURE CARE
Nicholas Abidi, MD
Nathaniel Cohen, MD
Christian Heywood, MD
Jeffrey Kanel, MD
Delaney Keane, DO
Paul Kim, MD
Kenneth Mensch, MD
Kevin Murray, MD
Daljeet Sagoo, DO

GOLDEN STATE ORTHOPEDICS & SPINE | SOUTH BAY

DOCTORS BY SPECIALTY continued

HAND & WRIST	HIP	KNEE	ORTHOBIOLOGICS/PRP
Nathaniel Cohen, MD Wrist only	Nicholas Abidi, MD	Nicholas Abidi, MD	Nicholas Abidi, MD
Christian Heywood, MD Wrist only	Nathaniel Cohen, MD	Nathaniel Cohen, MD	Christian Heywood, MD
Tristan Juhan, MD	Christian Heywood, MD	Christian Heywood, MD	Tristan Juhan, MD
Jeffrey Kanel, MD	Tristan Juhan, MD	Tristan Juhan, MD	Paul Kim, MD
Delaney Keane, DO	Jeffrey Kanel, MD	Jeffrey Kanel, MD	Kevin Murray, MD
Kenneth Mensch, MD	Paul Kim, MD	Paul Kim, MD	
Kevin Murray, MD	Daljeet Sagoo, DO	Kevin Murray, MD	
		Daljeet Sagoo, DO	

PEDIATRIC ORTHOPEDICS	PHYSICAL MEDICINE & REHAB	SHOULDER	SPINE
Jeffrey Kanel, MD	Molly Massih, MD	Nathaniel Cohen, MD	Sandeep Gidvani, MD
	Tina Molumphy, MD	Christian Heywood, MD	Chelsea Hendow, MD
	Manoj Mohan, MD	Tristan Juhan, MD	Jeffrey Kanel, MD - Pediatric
		Jeffrey Kanel, MD	Molly Massih MD, Q.M.E.
		Delaney Keane, DO	Tina Molumphy, MD
		Kenneth Mensch, MD	Manoj Mohan, MD
		Kevin Murray, MD	
		Daljeet Sagoo, DO	

SPORTS MEDICINE	TOTAL JOINT	TOTAL JOINT, cont.
Nicholas Abidi, MD	Nicholas Abidi, MD Hip, Knee, Ankle	Paul Kim, MD Ankle
Nathaniel Cohen, MD	Nathaniel Cohen, MD Shoulder	Kenneth Mensch, MD Shoulder, Elbow
Christian Heywood, MD	Christian Heywood, MD Shoulder, Hip, Knee	Daljeet Sagoo, DO Hip, Knee
Tristan Juhan, MD	Tristan Juhan, MD Shoulder	
Jeffrey Kanel, MD		
Paul Kim, MD		
Kevin Murray, MD		

OUR LOCATIONS

LOS GATOS	CAPITOLA	MORGAN HILL	MOUNTAIN VIEW	WATSONVILLE
Nicholas Abidi, MD	Nicholas Abidi, MD	Delaney Keane, DO	Tristan Juhan, MD	Christian Heywood, MD
Nathaniel Cohen, MD	Sandeep Gidvani, MD	Paul Kim, MD	Delaney Keane, DO	Kenneth Mensch, MD
Sandeep Gidvani, MD	Chelsea Hendow, MD	Kevin Murray, MD	Paul Kim, MD	
Chelsea Hendow, MD	Christian Heywood, MD	Daljeet Sagoo, DO	Manoj Mohan, MD	
Tristan Juhan, MD	Molly Massih, MD			
Jeffrey Kanel, MD	Kenneth Mensch, MD			
Delaney Keane, DO				
Paul Kim, MD				
Molly Massih, MD				
Kenneth Mensch, MD				
Manoj Mohan, MD				
Tina Molumphy, MD				
Kevin Murray, MD				
Daljeet Sagoo, DO				

ADDRESS & PHONE	ADDRESS & PHONE	ADDRESS & PHONE	ADDRESS & PHONE	ADDRESS & PHONE
340 Dardanelli Ln # 10 &20 Los Gatos, CA 95032	4140 Jade, Suite 100 Capitola, CA 95010	18525 Sutter Blvd, #170 Morgan Hill, CA 95037	2490 Hospital Dr #103 Mountain View, CA 94040	1066 S Green Valley Rd Watsonville, CA 95076
T 408.412.8100 F 408-412-8137	T 831.475.4024 F 408-412-8137	T 408.412.8100 F 408-412-8137	T 408.412.8100 F 408-412-8137	T 831.475.4024 F 408-412-8137
URGENT CARE	URGENT CARE			
MRI				